

ABSTRACT

5       A diet composition for weight control including effective amounts of *hoodia gordonii* cactus (whole plant/less roots), alone or together with any or all of chromium, vanadium amino acid chelate, glucomannan, sodium carboxymethylcellulose, citrus naringinine, green tea, cocoa extract, glucosamine HCl, *ma huang*, 3-acetyl-7-oxo-dehydroepiandrosterone, and *coleus forskohlii*. The effective amounts may be administered before each meal.

SD\Nutrimerica\10.xxx,xxx v2 (hoodia)